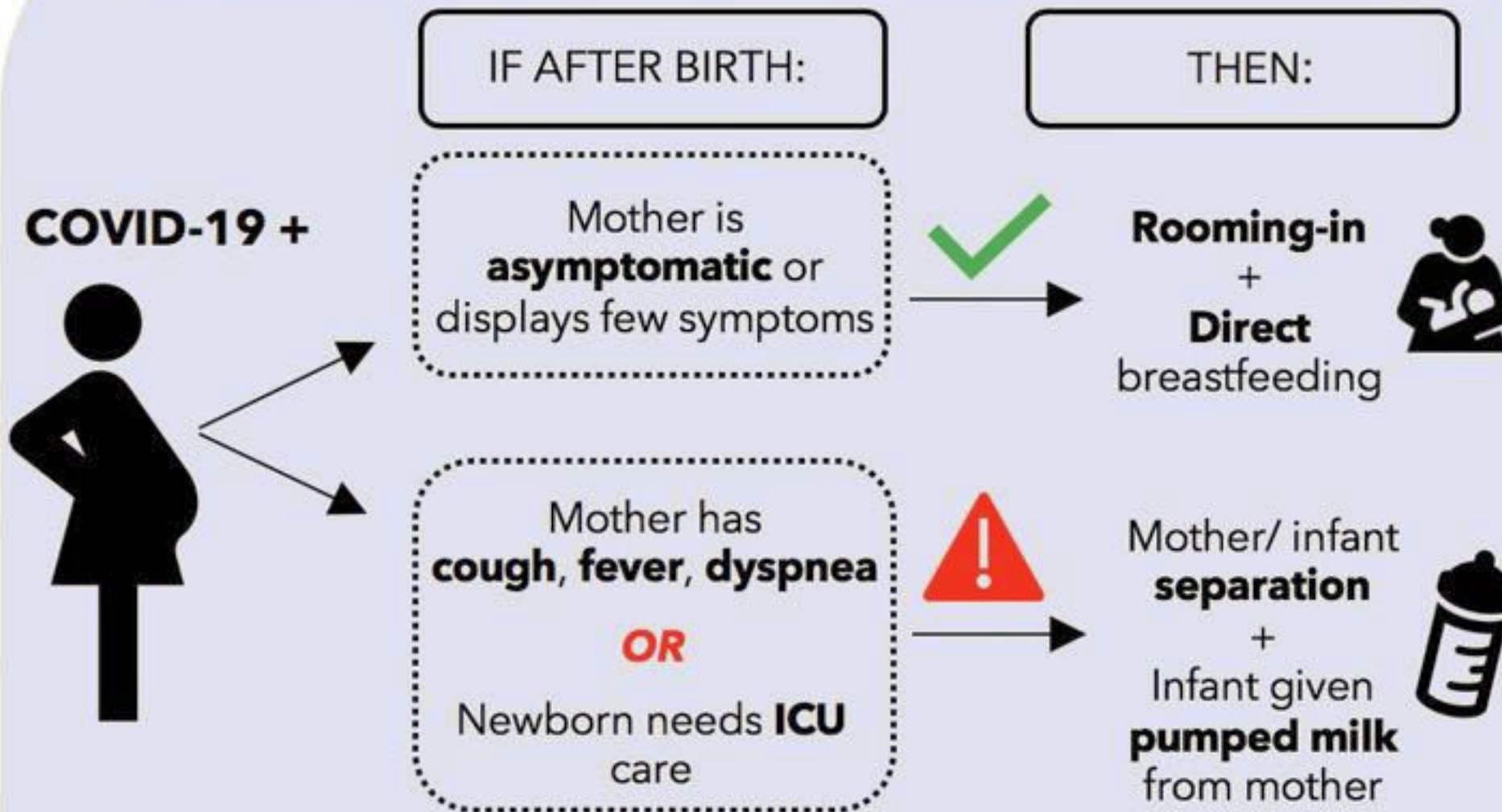





COVID-19: Breastfeeding in COVID-19 (+) mothers

4/15/20


Maternal recommendations





- Still recommended:**
- ❖ Handwashing prior to handling infant 
 - ❖ Mask during breastfeeding/contact 
 - ❖ 6-foot distance when not feeding 
 - ❖ Suspend visitors

There is **no evidence of transmission** of SARS-COV2 through breast milk reported to date and **expressed breast milk should be given** as mother can pass antibodies via breast milk.

Infant recommendations

 **Born to COVID + mothers should have:**

- 1** RT-PCR RNA of pharyngeal swab for SARS-CoV-2 weekly until **28 days old** 
- 2** **1-week observation** in hospital after birth is *preferable** 

* If hospital census at capacity, may require earlier discharge with close follow up with PCP

LIMITATIONS:

- ❖ Experts in China advise separation and use of formula or donor milk
- However:
 - No justification given
 - Benefits of breast milk not addressed

Case study recommended 